

EMPOWER

Empowering People with Mental Disorders to Promote Wider Engagement with Research

Susan Catherine Keter,
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Users and Survivors of Psychiatry in Kenya (USPKenya)

Empowering people affected by Mental Disorders to Promote Wider Engagement with Research



EMPOWER is supported by a grant from the Wellcome Trust



NEPAL



ZAMBIA

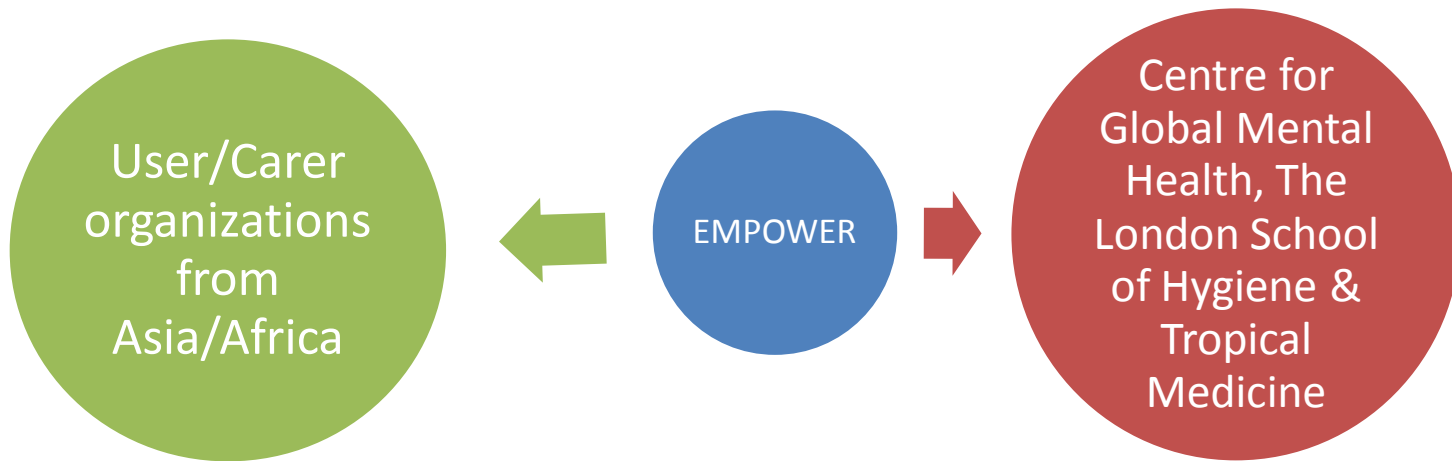


KENYA



INDIA

Who Conceived EMPOWER?

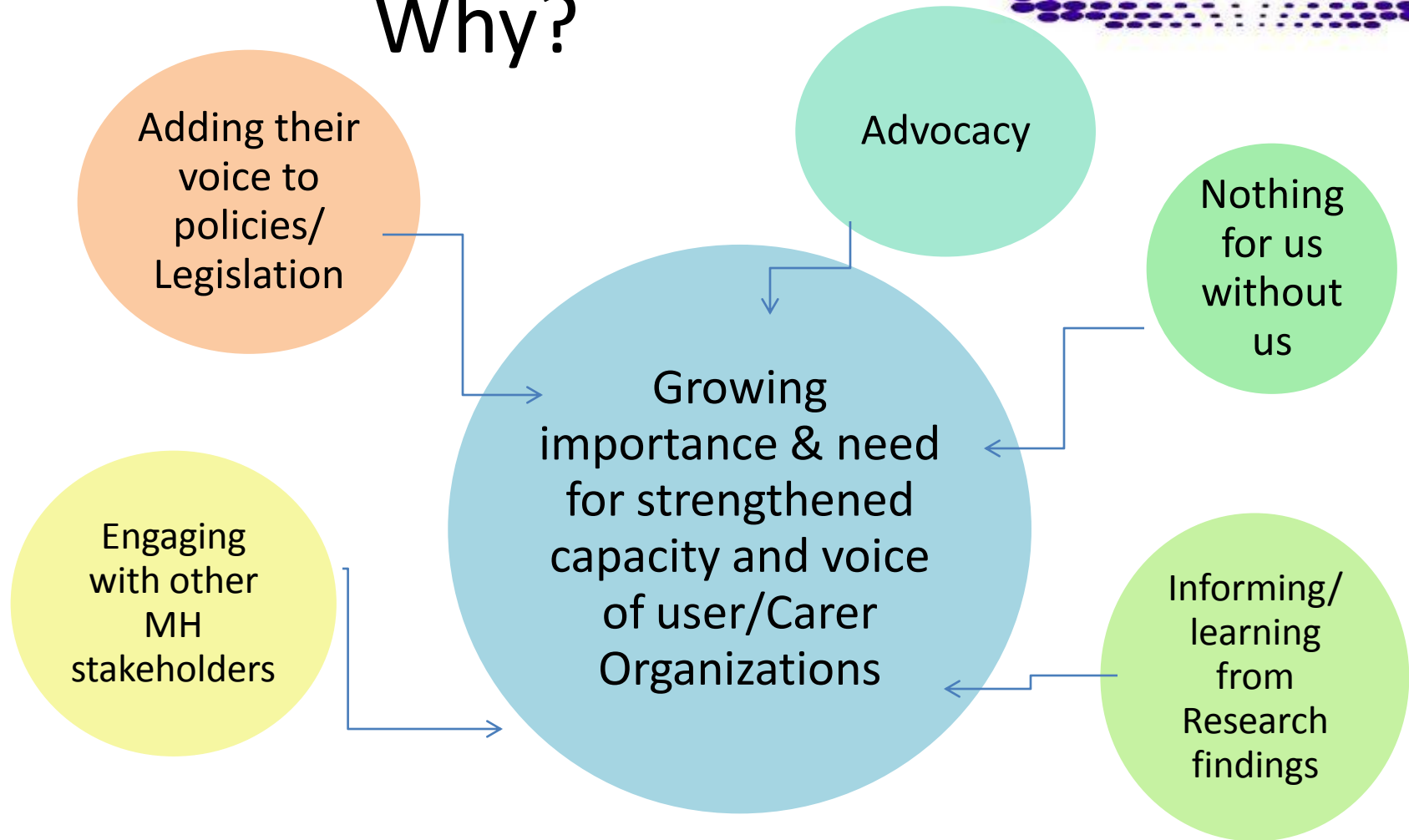


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User/Carer Organizations - Why?



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Researchers - Why?



- Mental health is a largely neglected field in terms of resource allocation (overshadowed by other needs e.g. maternal health, communicable diseases)

User/Carer organizations: Growing recognition of their voice in shaping mental health policies and resource allocation

- Shift towards policies /legislation informed by research findings while incorporating user/carer organizations' perspectives

Researchers: Growing research evidence on high cost of and the cost-effectiveness of treatment for MNS disorders

- Strong, unified voice needed to ensure increased funding for mental health and being on priority list

Collaboration = Acceptable interventions and policies/ scaling up of services

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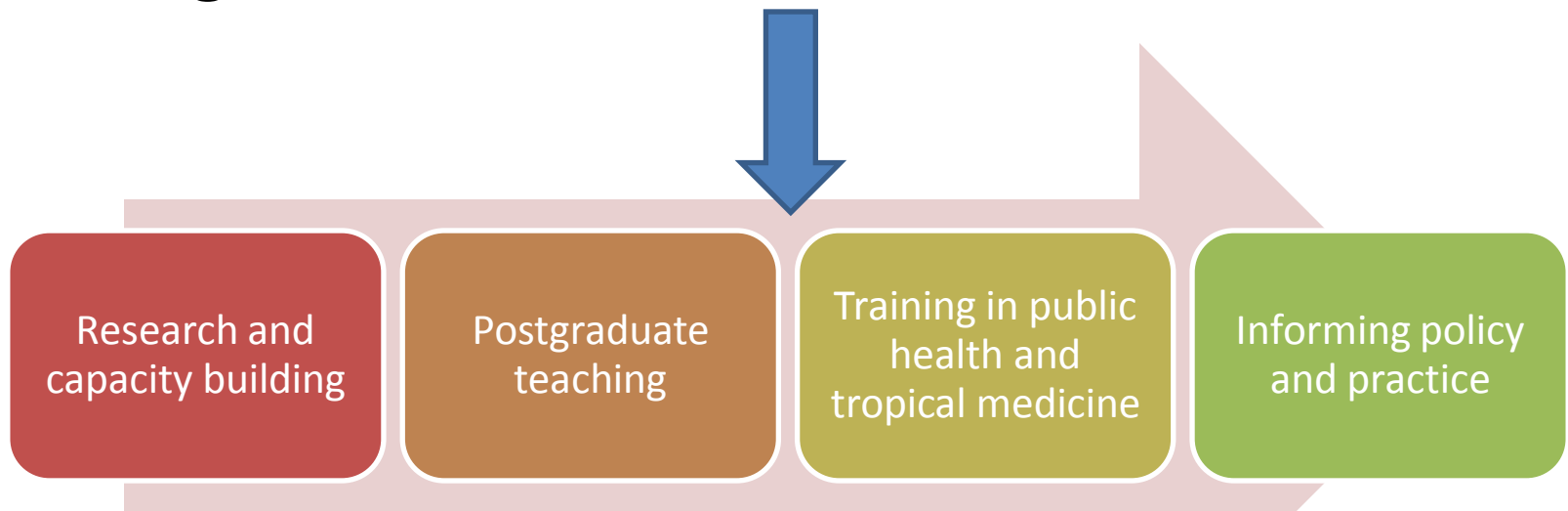


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Solutions



- LSHTM seeks to close treatment gap for MNS disorders, especially in poorer countries, through:

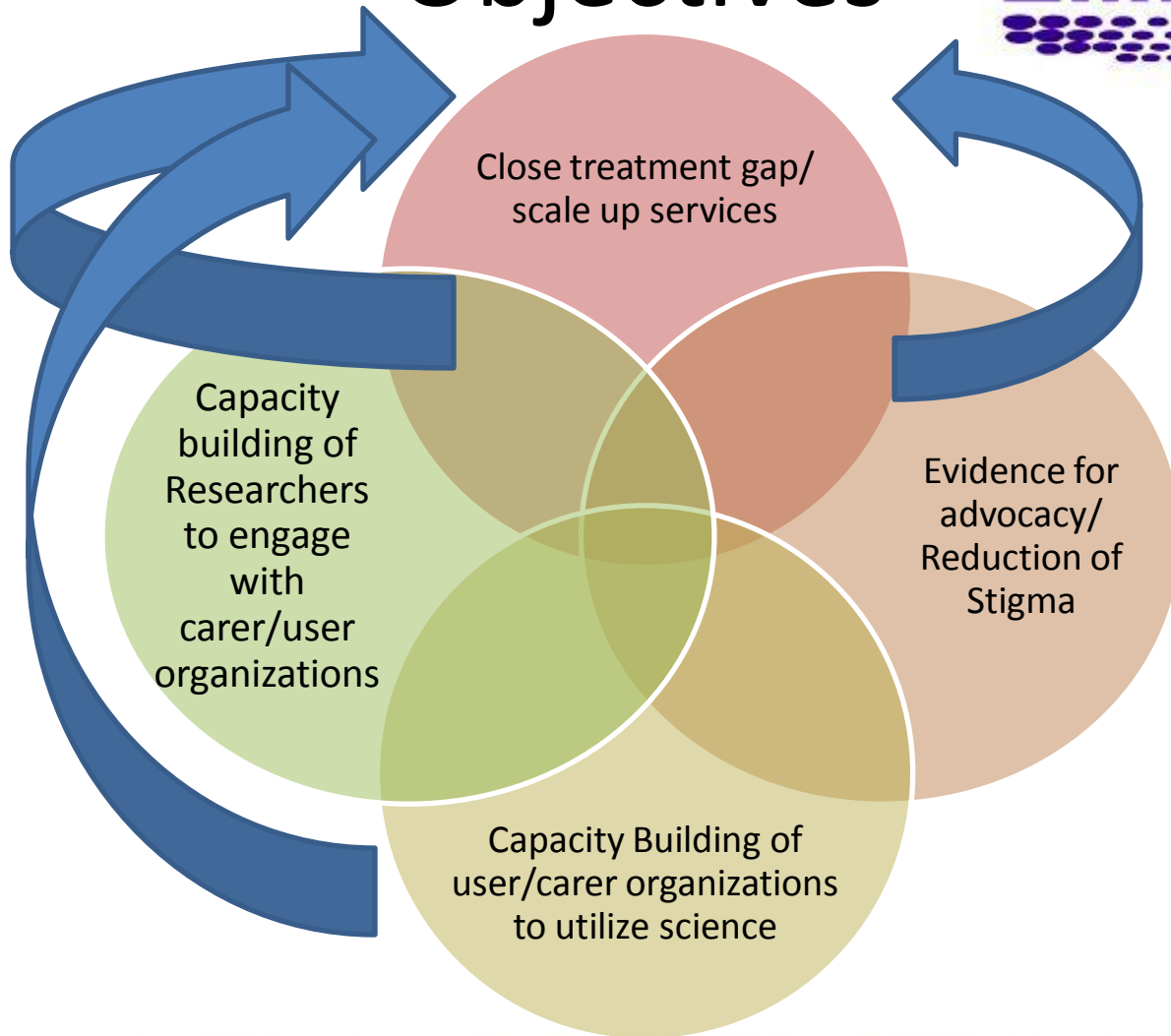


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Objectives



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Two-way Objectives of EMPOWER



Building the capacity of members of user groups to become conversant with the research findings which underpin the MGMH goals



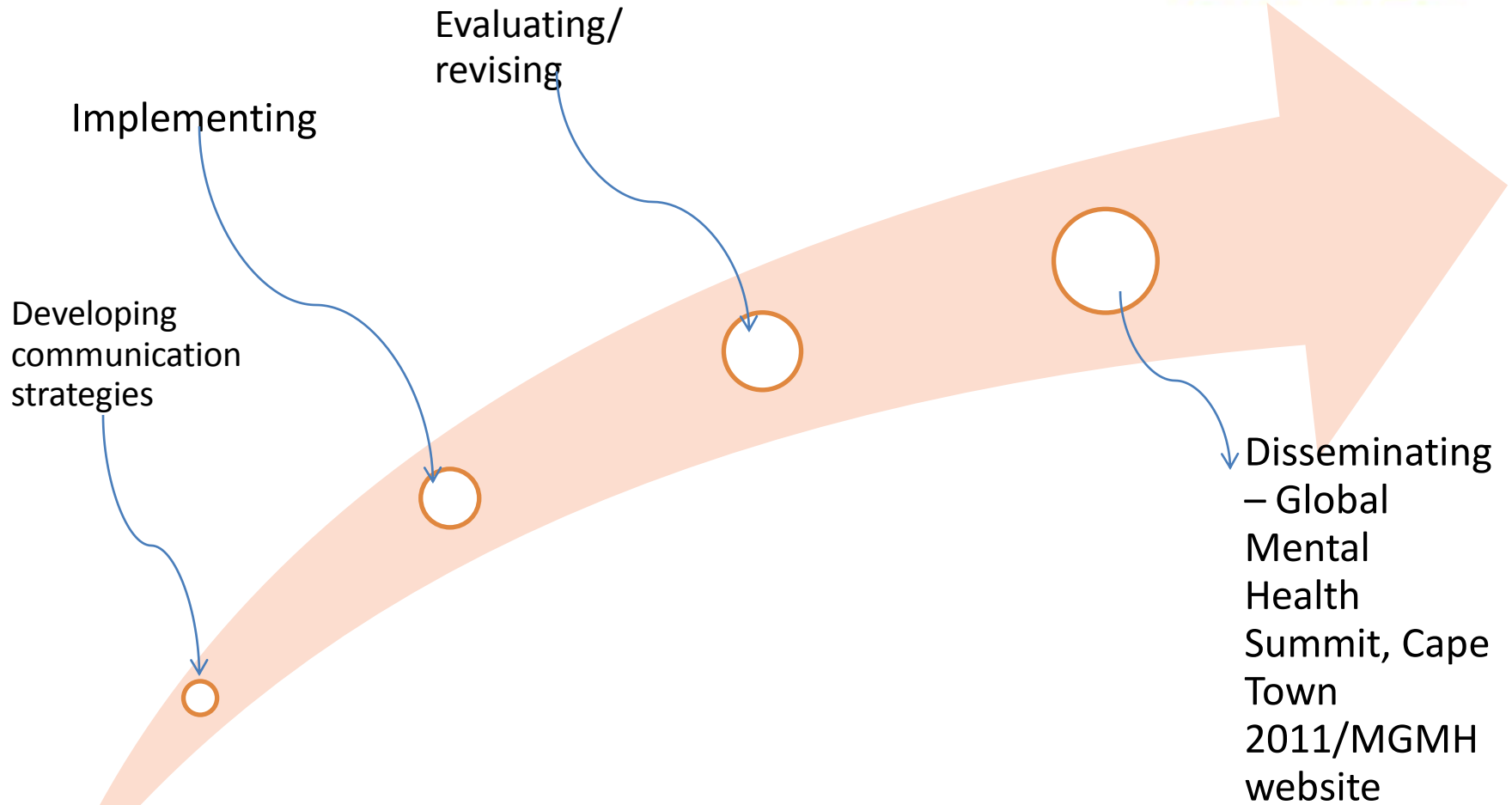
Building the capacity of researchers to become familiar with user experiences and how these relate to the research findings



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Expected Outcomes



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How will Objectives be Achieved?

Developing the tools of the communication strategy around key messages:

- Posters
- photographic images
- theatre scripts
- Music
- The organizational websites

- Will use a participatory approach with other members of each user group
- contextualized for the setting of the group
- supported by technical consultants

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STOP Stigmatization and Exclusion

Dare to Care

Persons with mental health problems are human beings like anyone else!

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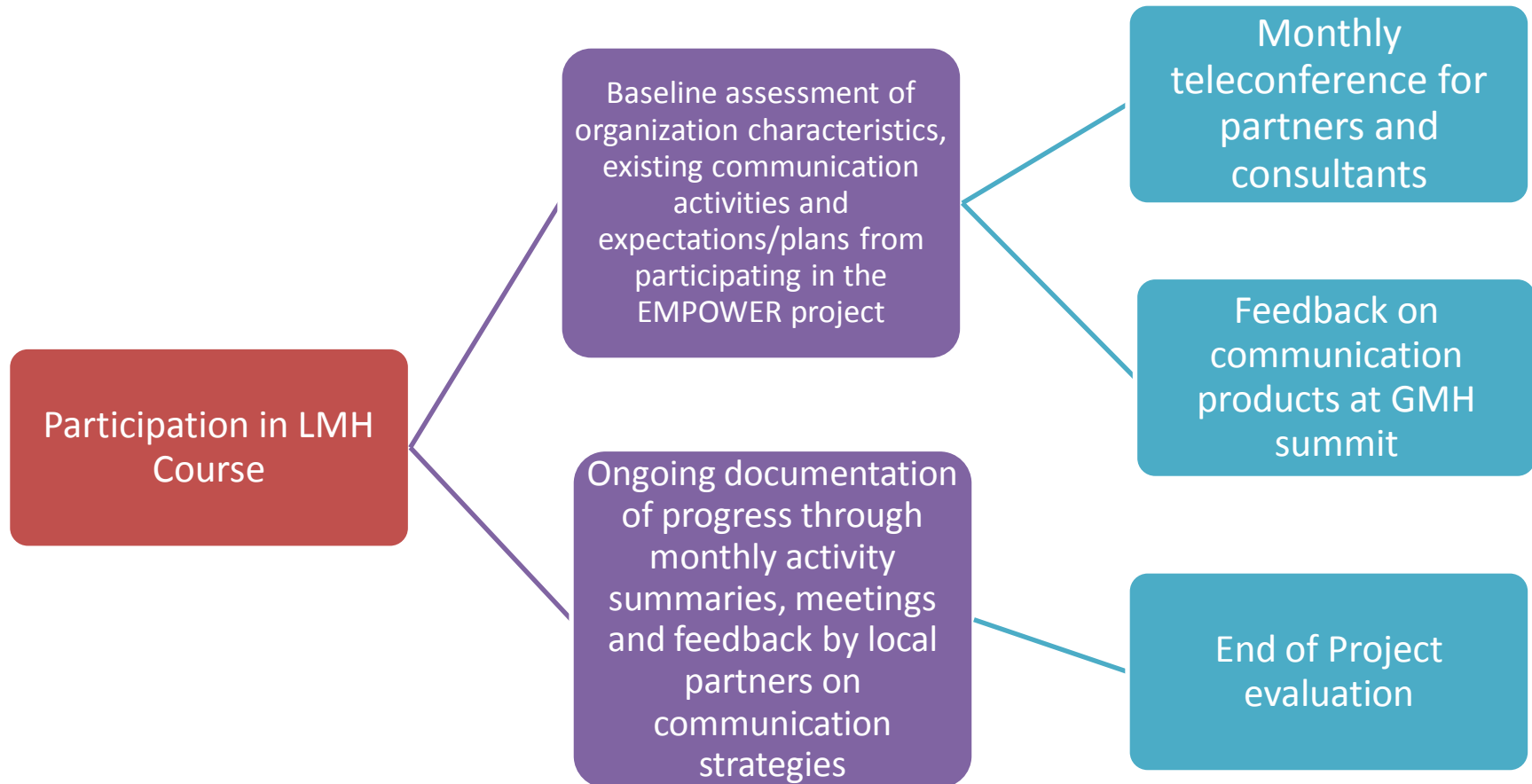
Logos on the right side of the poster include: A group of people, The Kenyan Association of Mental Health Professionals, A house with a red circle, USP Kenya, NMHF, MHUNZA (Mental Health Users Network of Zambia), and Movement for Global Mental Health.

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Engagement with Research

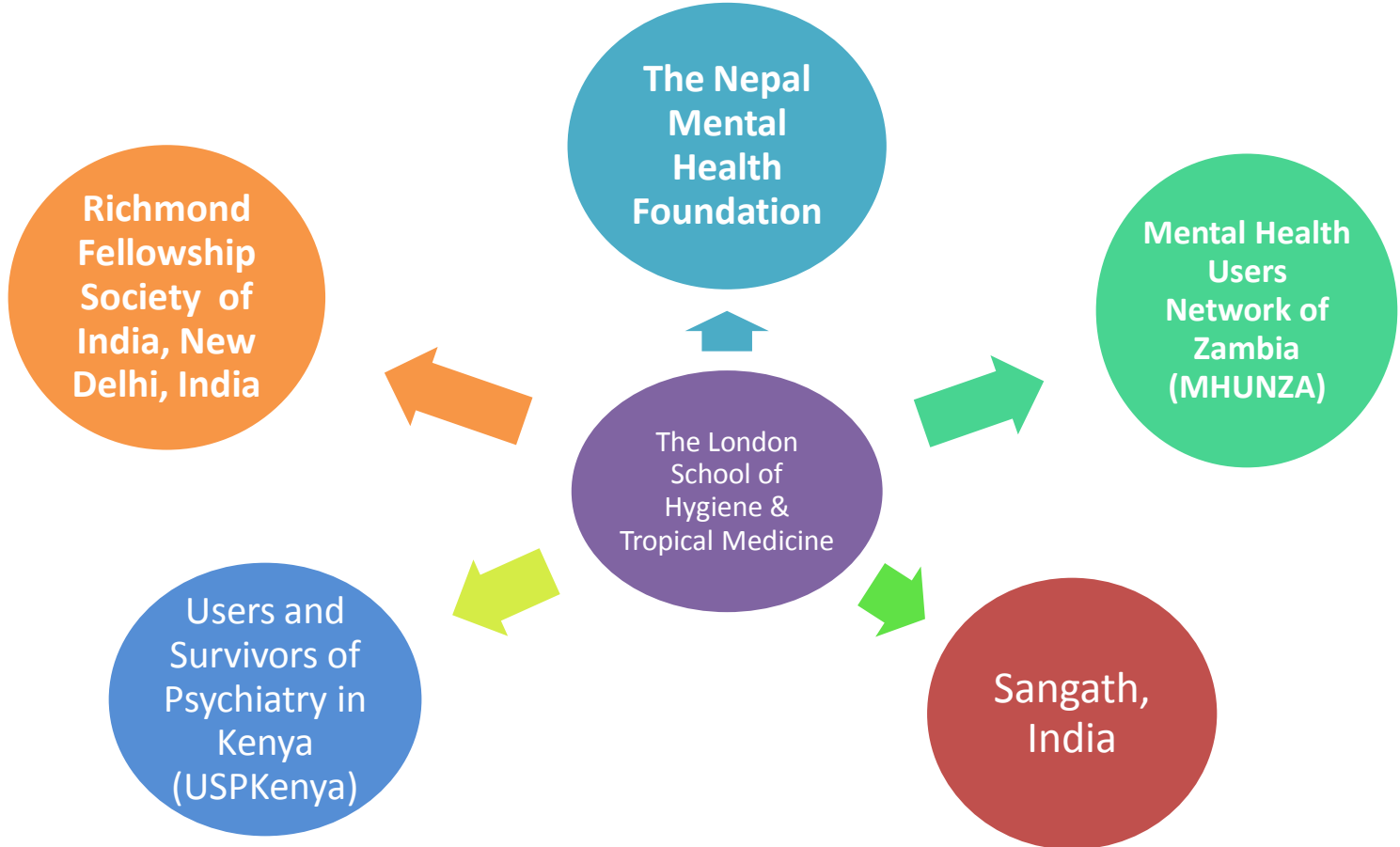


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The EMPOWER Partners



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EMPOWER Members: User/Carer Organizations



Nepal Mental Health Foundation (NMHF)

Richmond Fellowship Society India, New Delhi, India

Mental Health Users Network of Zambia (MHUNZA)

Users and Survivors of Psychiatry in Kenya (USPKenya)

Country

Nepal

India

Zambia

Kenya

Founded

2008

1986

2001

2007

Representative

Jagannath

Rangashri

Sylvester

Susan

Vision statement/
Mandate

Human rights based mental health organization

provides care & psychosocial rehabilitation for persons with mental health needs in India

Promote, protect and improve the well being of persons with mental health problems

A world in which people affected by mental illnesses are not only treated with honour and dignity, but realize their potential

EMPOWER Members: Technical Support



	LSHTM	GCAM	Univ. of Toronto
Role	Academic partner	Communications consultant	Evaluations consultant
Country	India/UK	South Africa	Canada
Representative	Vikram Patel	Charlene Sunkel	Ritz Kakuma

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Communication Plans



	Nepal Mental Health Foundation (NMHF)	Richmond Fellowship Society India, New Delhi, India	Mental Health Users Network of Zambia (MHUNZA)	Users and Survivors of Psychiatry in Kenya (USPKenya)
Strategies	Documentary	Documentary/posters/photos	Posters	Songs/website
Target audiences	General public/policy makers	General public	General public	General public

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Stigmatization



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Persons with men
are human being



Empowering people affecte



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STOP



Stigmatization and Exclusion

DARE TO CARE

Persons with mental health problems
are human beings like anyone else !



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USP Kenya



MENTAL HEALTH USERS
NETWORK OF ZAMBIA



Movement for
Global Mental Health

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The Bigger Picture



Strengthen the capacity of non-professionals in developing countries to facilitate public engagement with health research

Stimulate dialogue about health research amongst consumer communities and about consumer perspectives among researcher communities

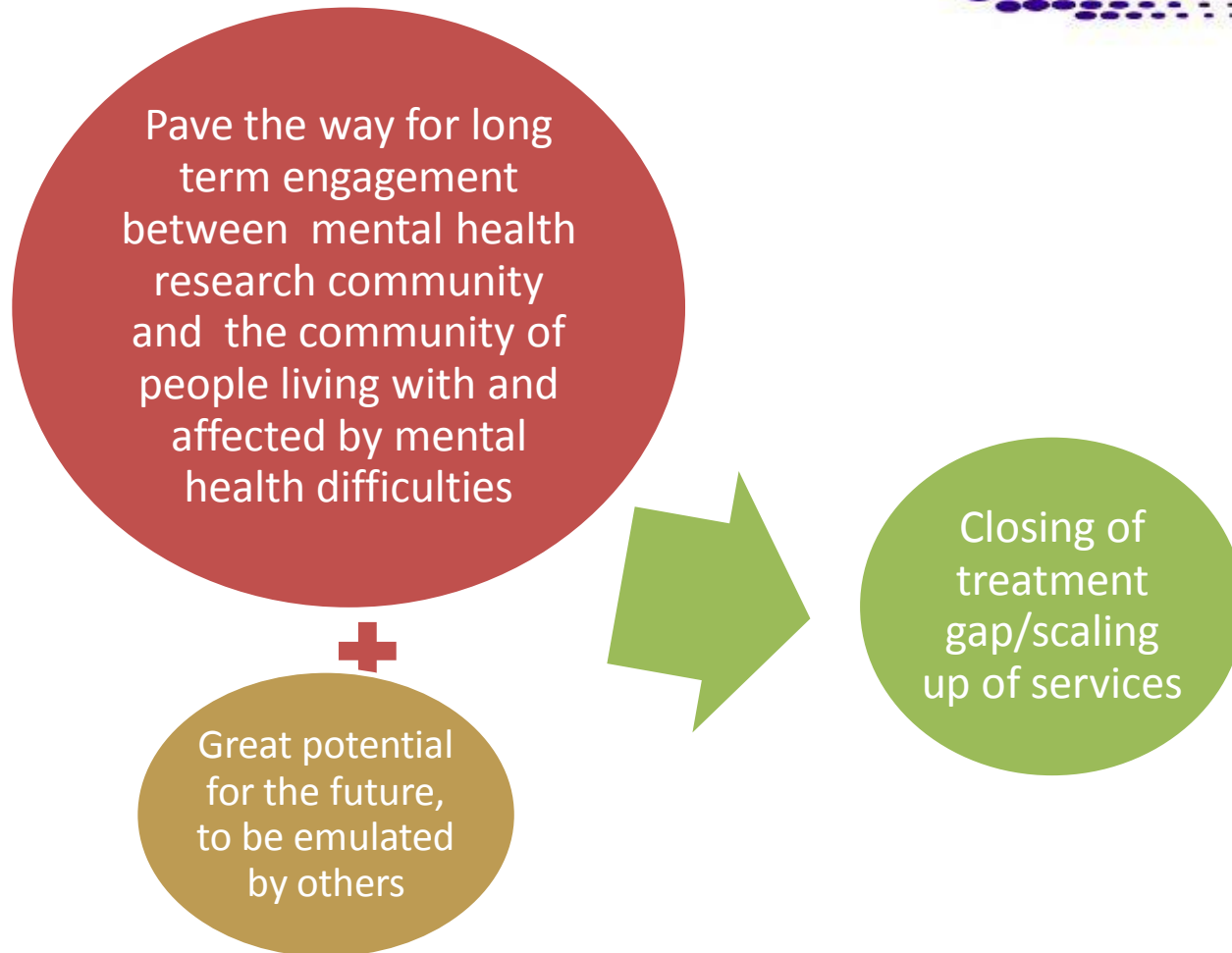
Develop multiple methods to promote the engagement, participation and communication of consumer communities with health research

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The Future



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MENTAL HEALTH USERS
NETWORK OF ZAMBIA



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You can contact EMPOWER at:
empowermgmh@googlegroups.com

www.globalmentalhealth.org

www.sangath.com

www.rfsi.org

www.usp-kenya.com

www.nepalmentalhealth.org.np

www.cgms.co.za

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THANK YOU!



The EMPOWER Team

Ritsuko Kakuma; Dr Ranganathan (*representing Rangashri Kishore*); Susan Catherine Keter; Jagganath Lamichhane; Vikram Patel; Charlene Sunkel; Sylvester Katontoka